

# Help from Home

Volunteering during COVID-19



## Make Toiletry Kits

Do you have a TON of travel-sized toiletries? We can use those! Use a zip-lock to create a toiletry kit for our families. Kits should include a toothbrush, toothpaste, deodorant, shampoo, conditioner, body wash, hand sanitizer, and facial tissue



## Create greeting cards

Use your creativity to design handmade cards for staff or families to use. We use the following types of cards: Birthday, Thinking of You, Congratulations, Thank You, and blank cards.



## Provide a Meal for our families

Would you like to provide meals to the families we serve? Visit our [website](http://www.rmhcsanantonio.org) for opportunities to have meals delivered to our House, [www.rmhcsanantonio.org](http://www.rmhcsanantonio.org)



## Use Amazon to order our Wish List Items

This is the easiest one yet! From the comfort of your own home, order anything from our Wish List and it will be delivered directly to our door!

Check it out [here](#).

[https://smile.amazon.com/hz/charitylist/l/VB2N79ALER5R/ref=smi\\_cl\\_wl\\_rd\\_cl](https://smile.amazon.com/hz/charitylist/l/VB2N79ALER5R/ref=smi_cl_wl_rd_cl)



## Host a Clothing or Gift Card "Drive by Collection".

Contact a group of friends to clean out their closets or collect gift cards Gift cards from HEB, Target, Walmart, Amazon, or a local restaurants to be used for meals, cleaning supplies, paper products, or given to families needing assistance. Clothing and shoes can be dropped of at any of the following collection boxes. <https://www.rmhcsanantonio.org/8549-2/donation-boxes>



## Conduct a Virtual Fundraiser

Use your social media to host a personal fundraiser!. Connect with us at [www.rmhcsanantonio.org](http://www.rmhcsanantonio.org)

**Crochet or sew hats for our NICU babies.** These adorable beanies are perfect for our tiny friends! Find instructions [here](#).

<https://www.thestitchinmommy.com/2017/08/15-free-crochet-preemie-hat-patterns.html>

## Make no-sew/tie blankets

These cozy items can be for a baby, child, or twin size! Please wash all fabric before delivery. Find instructions [here](#).

<https://www.instructables.com/id/No-Sew-Fleece-Blanket-1/>

## Sew Wearable Masks

This is perfect for anyone that has leftover fabric from other projects! These can be made for kids or adults. Find instructions [here](#).\*Be sure to wash items before donating!

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

## Drop your loose change or "Round Up"

When you order food in the drive thru at McDonald's, donate your spare change in the box under the window or ask to Round Up your order. .

**Make a donation online** by visiting our [website](#)

Your gift allows RMHC to continue providing lodging and support services to families of pediatric patients during this stressful time.

[www.rmhcsanantonio.org](http://www.rmhcsanantonio.org)

Donations can be dropped off or mailed to RMHC San Antonio  
4803 Sid Katz, San Antonio, Texas 78229

*\*Please practice precautions and adhere to any social distancing guidance if you choose to go to retail businesses to purchase any items needed to complete these projects.*